



The Sydney Wooderson 800m & Women's BMC 800 Challenge

Eltham, London - Wednesday 21st June, 2017

The British Milers' Club is once again looking for male runners who are up for the challenge of beating 1:48.4 minutes for 800m, and female runners who think they get under 2:02 minutes. It will be the eighth staging of the Sydney Wooderson 800m Memorial Race which aims to celebrate the once famous middle-distance runner.

Any man who can win and break Sydney's 1938 800m world record of 1:48.4 will receive £400 and any woman who can win and break 2:02 minutes will also take home £400.

Male and female athletes can now submit their request to enter both races online via the BMC website.

These two high quality races act as the highlight to a meeting that also features 800m, The City Mile and 5000 metre races. The meeting and the Wooderson races are a joint effort between Cambridge Harriers, the BMC and Blackheath Harriers.

The full prize money on offer for men's and women's races is:

1 st place	£150
2 nd place	£100
3 rd place	£50

Bonus – £250

Men to beat – 1:48.4

Women to beat – 2:02.0

Previous winners:

Men

2008	Chris Warburton	1:49.87
2009	Darren St Clair	1:47.23*
2010	Andrew Osagie	1:47.80
2011	Ben Wallis	1:48.6
2012	Charlie Grice	1:49.8
2013	Charlie Grice	1:47.93
2014	Chris Warburton	1:48.44
2015	Zak Curran	1:48.74
2016	Kyle Langford	1:48.94

Women

2010	Rose-Anne Galligan	2:02.97
2011	Karen Harewood	2:03.0
2012	Jessica Judd	2:01.3
2013	Shelayna Oska-Clarke	2:04.46
2014	Katie Kirk	2:03.32
2015	Katie Snowden	2:03.64
2016	Adelle Tracey	2:01.26

The race is open to male BMC and non-BMC members. To enter the race go to www.britishmilersclub.com

Entry to races is subject to availability and numbers are limited. The start list is drawn up when entries close at 5pm on Sunday 18th June.

* Track record.